# Red Cross Swim Lessons

**Registration opens April 19th**
at the annual *Spring Registration Night*
in the Rec Plex

**Set 1.** Mon/Wed/Fri Mon May 30 – Fri June 17
**Set 2.** Mon-Fri July 4-14
**Set 3.** Mon-Fri July 18-28
**Set 4.** Mon-Fri Aug 2-12
**Set 5.** Mon-Fri Aug 15-25
**Weekend Lessons.** Saturdays May 21-July 16

| Program | Time | | | Price |
|---|---|---|---|---|
| | Set 1 (Mon/Wed/Fri) | Set 2, 3, 4, 5 (Weekdays) | Weekends (Sat) | |
| Starfish/Duck | TBD. Based on interest. Will accommodate if possible. | 11:30am - 12:00pm | 11:00 - 11:30am | $50 |
| Sea Turtle | 3:00 - 3:30pm | 11:00 - 11:30am | 10:30 - 11:00am | $50 |
| Sea Otter | 3:00 - 3:30pm | 10:30 - 11:00am | 10:30 - 11:00am | $50 |
| Salamander | 3:00 - 3:30pm | 10:00 - 10:30am | 11:00 - 11:30am | $50 |
| Sunfish | 3:30 - 4:00pm | 10:00 - 10:30am | 11:30am - 12pm | $50 |
| Crocodile/Whale | TBD. Based on interest. Will accommodate if possible. | 10:00 - 10:30am | 11:30am - 12pm | $50 |
| Swim Kids 1 | 3:30 - 4:00pm | 11:00 - 11:30am | 10:00 - 10:30am | $50 |
| Swim Kids 2 | 3:30 - 4:00pm | 11:00 - 11:30am | 10:00 - 10:30am | $50 |
| Swim Kids 3 | 3:30 - 4:00pm | 10:30 - 11:00am | 10:00 - 10:30am | $50 |
| Swim Kids 4 | 3:30 - 4:00pm | 10:30 - 11:00am | 10:00 - 10:30am | $50 |
| Swim Kids 5/6 | 4:00 - 4:30pm | 10:00 - 10:30am | 10:00 - 10:30am | $50 |
| Swim Kids 7/8 | 4:15 - 5:00pm | 9:00 - 9:45am | TBD. Based on interest. Will accommodate if possible. | $60 |
| Swim Kids 9/10 | 4:00 - 5:00pm | 9:00 - 10am | 10:30 - 11:30am | $60 |

# Private Lessons

One 30 minute lesson for $20. Multiple lessons available on each day listed below and more. Sign up today!

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|---|---|---|---|---|---|
| May 25 | *Wednesday* | 3:00 - 5:00pm | June 27 | *Monday* | 3:00 - 5:00pm |
| May 27 | *Friday* | 3:00 - 5:00pm | June 30 | *Thursday* | 9:00am-12:00pm |
| June 20 | *Monday* | 3:00 - 5:00pm | July 15 | *Friday* | 9:00am-12:00pm |
| June 22 | *Wednesday* | 3:00 - 5:00pm | July 29 | *Friday* | 9:00am-12:00pm |
| June 24 | *Friday* | 3:00 - 5:00pm | Aug 26 | *Friday* | 9:00am-12:00pm |

***ToG Recreation Services***
Golden Swimming Pool www.golden.ca pool@golden.ca 250-344-2118